



Prince Edward Island Home and School Federation
67th Annual Meeting & Convention
Saturday, April 18, 2020
Rodd Charlottetown Hotel, 75 Kent St., Charlottetown, PEI

Healthy Bodies = Healthy Minds

Tentative Agenda

AM

08:00-08:45 Registration / Pick up Kits / Visit Displays

08:45-11:00 Welcome – Cory Thomas, President

Business Meeting:

1. Adoption of Agenda 2020
2. Adoption of Minutes 2019
3. President's Report
4. Adoption of Finance Report
5. Other Reports (Accepted as circulated)
6. Resolutions
7. Nominations Report/Elections
8. New Business
9. Adjournment of Business Meeting

10:00 Nutrition Break/View Displays - Provinces Lounge

11:00 **Dr. Heather Morrison, Chief Public Health Officer, PEI**

The 2017 Prince Edward Island Children's Report explores the relationship between the social determinants of health, health equity, healthy behaviours and health outcomes for Island children. Risk factors to healthy child development, cognitive development and the social environment are considered as well. The Report establishes a baseline of key indicators of child health and well-being in PEI, and calls us to take action for our PEI children.

11:20 **Dr. Ron MacDonald, UPEI Faculty of Education**
Education is a recognized social determinant of health and directly influences the other factors later in life that contribute to health such as sustaining a job, housing and being able to make healthy food choices. Education is not just about what is learned in the classroom; it is also about the doors it unlocks to future well-being. Education is the single most important modifiable social determinant of health.

11:50 Break for Lunch

PM

12:10-01:15 Luncheon – Georgian Room
The Honourable Antionette Perry, Lieutenant Governor
Greetings | Presentations | Closing Remarks

01:30 - 02:30 **Round Table**

1. New School Food Pilot Program

Katelyn MacLean, Dietician and School Food Coordinator Public Schools Branch

The new School Food Pilot Program happening in six island school: Kinkora High, Somerset Consolidated, Amherst Cove Consolidated, West Kent Elementary, Montague Regional High School and Ecole Pierre Chiasson). January - June 2020 will inform the expansion of a provincial program!

2. The many benefits of play and playground. What does research tell us about play?

Maribeth Rogers, Parker Grimmer, Public Schools Branch

When you think of a playground, you may remember seeing a happy, rambunctious environment full of fun and laughter. Behind the giggles and smiles, there's much more happening behind the scenes that make playgrounds a vital part of a school / community. There are important physical, social and cognitive benefits that come from unstructured play on a playground. They are an essential tool in childhood development. Let's take a look at some of the benefits!

3. Do youth think e-cigarettes/vapes are harmful?

Julia Hartley, PEI Lung Association

Smoking remains the leading cause of premature death and illness in PEI (CPHO, 2016). While much progress has been made in reducing tobacco use, it remains a serious health issue with emerging vaping products. Vaping among Island youth is a growing concern with 44% of PEI High School students reporting that they had tried vaping / e-cigarettes and 26% of PEI High School students reporting that they had used them in the last 30 days (CSTADS, 2016-17).

4. What is Destination Imagination (DI)

Vicki Allen Cook, Education and Lifelong Learning

Fun learning: Explore STEAM concepts in a hands-on environment

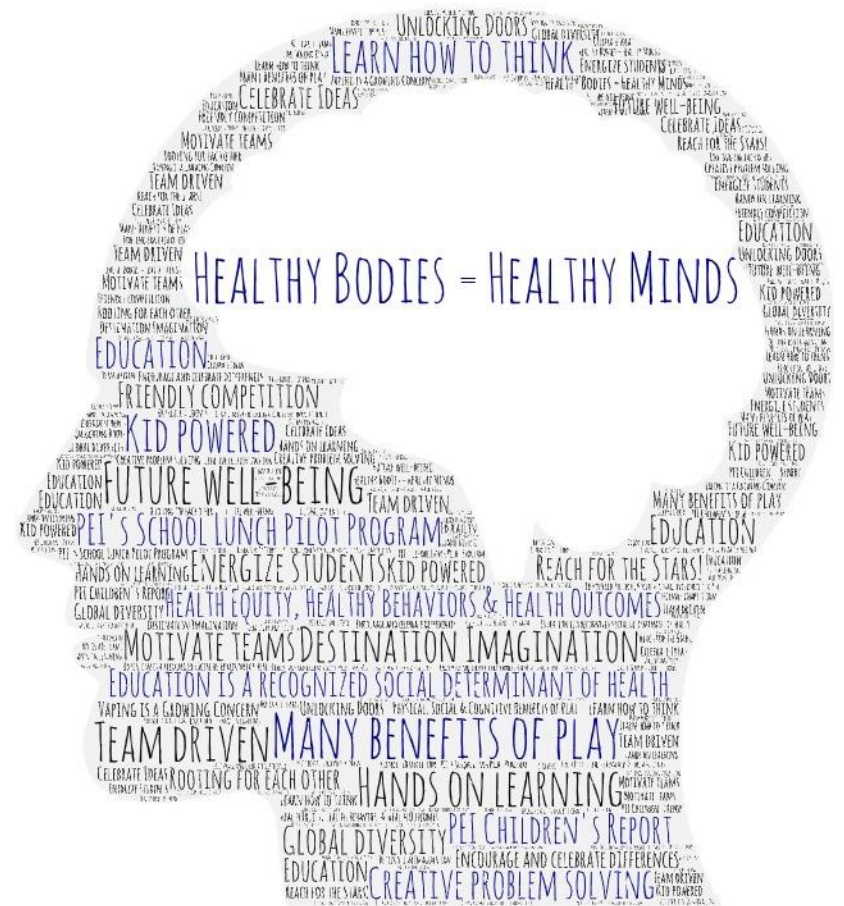
Creative problem solving: Learn how to think, not what to think

Kid powered; team driven: Energize students to own all decisions, creations, and results

Friendly competition: Motivate teams to reach for the stars, while also rooting for each other

Global diversity: Encourage and celebrate differences in each other, and differences in ideas

Prince Edward Island Home and School Federation



PO Box 1012 Charlottetown, PEI C1A 7M4

Tel: (902) 620-3186 or 1-800-916-0664

peihsf@edu.pe.ca * www.peihsf.ca

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75 Kent Street, Charlottetown, PEI

REGISTRATION FORM

Home and School Associations are encouraged to bring five delegates to the meeting. Every parent/guardian, teacher, staff-person and administrator at your school is eligible to attend. The more delegates attending, the more valuable the meeting becomes! You may register more than 5 people, but only the first 5 will be allowed to vote.

SCHOOL: _____

NAME: _____

Email: _____

NAME: _____

Email: _____

NAME: _____

Email: _____

Registration Fee: \$40 per person (covers nutrition break and buffet luncheon) Note: Home and School Associations are encouraged to cover delegate's registration and travel costs, if possible.

Register by: Friday, April 3, 2020

Cheques payable to: PEI Home and School Federation

Mail to: Box 1012 Charlottetown PEI C1A 7M4

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